



Rayat Shikshan Sanstha's  
Abasaheb Marathe Arts and New Commerce, Science  
College, Rajapur Dist. Ratnagiri  
Department of English  
**A Certificate Course in Spoken English 2022-23**  
**Annual Report**

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During the academic year 2022-23 a short term course named A Certificate Course in Spoken English was conducted on the behalf of English Department. In the first meeting of the department held in August 2022. It was decided that a short term course for the students of the college should be organized. Hence the department started a certificate course in spoken English in the August 2022. It was meant for the entire student. Minimum qualification for students was XII standard or equivalent degree. In the month of July a notice had been drawn for the students with timetable for both student and faculty. The ten students admitted. Internal practical examination and final examinations were conducted. The 10 students appeared in the examination all students stood in first class in merit.



  
Head

Department of English



  
I/c **Principal**  
**A.M.A. & N.C.S. College**  
**Rajapur, Dist. Ratnagiri.**



**Rayat Shikshan Sanstha's**  
**Abasaheb Marathe Arts and New Commerce, Science College, Rajapur,**  
**Dist-Ratnagiri, 416 702 (MH)**  
*Affiliated to University of Mumbai, Mumbai*  
*Reaccredited with B<sup>+</sup> grade by NAAC/ Best college Award by University of Mumbai, Mumbai*

## A One Day Workshop on "Women Health Checkup Camp"

### REPORT

Date: 14<sup>th</sup> October 2022


Ladies Welfare Committee has organized one day workshop on "Women Health Checkup Camp" on Friday on 14<sup>th</sup> October 2022 in association with Government Rural Hospital, Jaitapur.

The first session began with welcome address by Ms. Barge Shital and after this Ms. Mugdha Kamat gave the introduction of resource person. The first session was on "Menstrual and Personal hygiene". Ms. Madhavi Thakurdesai highlighted about personal hygiene during monthly periods. She explained about various means available during menstruation and care to be taken for their disposal to avoid environmental pollution. She also explained about menstruation related pains and health issues and its treatments.

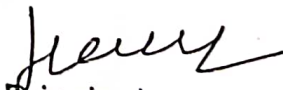
In second session, team of Government Rural Hospital, Jaitapur record height and weight of students and staff to calculate BMI (body mass index) which explains whether the person is unhealthy or not. Every student with staff got themselves checked for BMI, blood tests and other health condition if any. During the camp they advised to take proper diet and for healthy life do the exercise regularly. In this camp total 23 girls and 6 female staff tested their blood.

In presidential speech, Dr. Mestry S. R. (Vice principal) said that, the health of women in today's stressful life is being neglected. A statement was meaning that a healthy diet should be followed.

Vote of thanks was given by Ms. Nabila Solkar. The compering of the program was done by Ms. Rubina Mulla. For this workshop students and Faculty members were present as well as volunteers of the NSS.

  
 (Dr. K. R. Mahanwar)  
 Chairman  
 Ladies Welfare Committee



  
 Principal  
 A.M.A. & N.C.S. College  
 Rajapur, (V. Gothne) Dist. Ratnagiri.

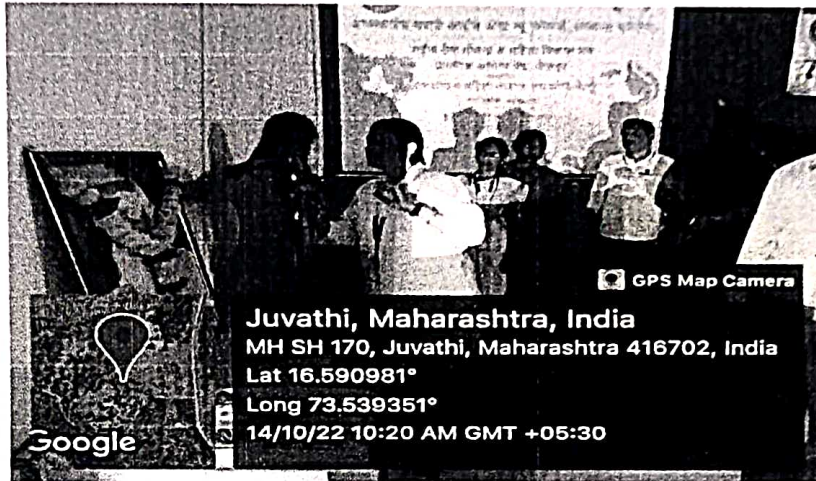


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**A One Day Workshop on**  
**"Women Health Check up Camp"**  
**14<sup>th</sup> October 2022**



**Inauguration of the workshop**

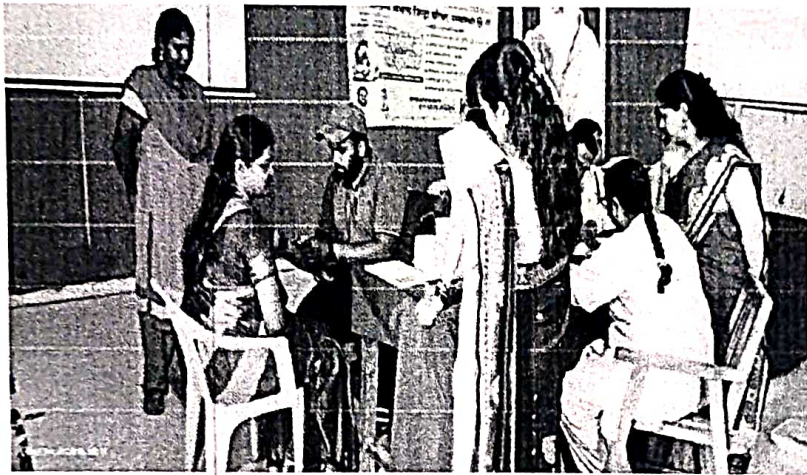


**Mrs. Madhavi Thakurdesai (Government Rural Hospital, Jaitapur)**


*J. A. S.*  
 I/C Principal  
 A.M.A. & N. C. S. College  
 Rajapur, Dist. Ratnagiri.

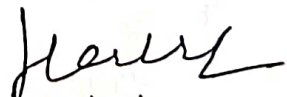


Presidential Speech By Dr. S. R. Mestry



Health Check Up Camp

  
 (Dr. K. R. Mahanwar)  
 Chairman  
 Ladies Welfare Committee

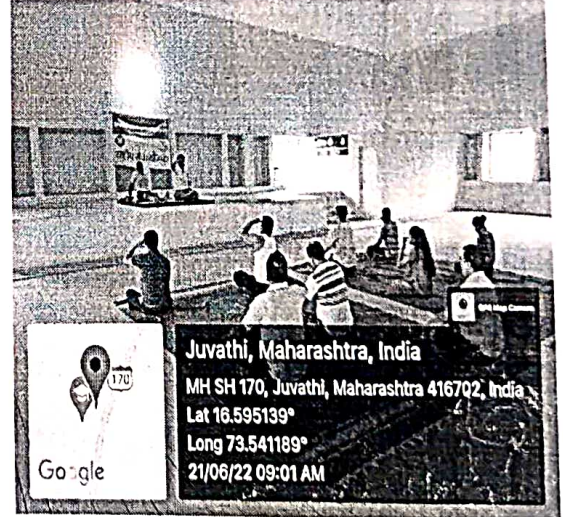
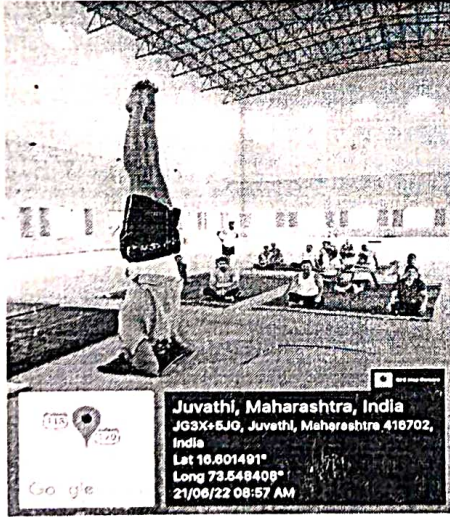
  
 Principal  
 A.M.A.&N.C.S.College  
 Rajapur,(V.Gothne)Dist.Ratnagiri.



रयत शिक्षण संस्थेचे,  
**आबासाहेब मराठे आर्टस न्यू कॉमर्स, सायन्स कॉलेज, राजापूर**  
**राष्ट्रीय सेवा योजना २०२२-२०२३**  
**आंतरराष्ट्रीय योग दिन अहवाल**

दि. २२/०६/२०२२

महाविद्यालयाच्या राष्ट्रीय सेवा योजना विभाग व जिमखाना विभाग यांच्या संयुक्त विद्यमाने दि. २१ जून २०२२ रोजी महाविद्यालयामध्ये आंतरराष्ट्रीय योग दिन साजरा करण्यात आला या दिनाचे औचित्य साधून डॉ. राजेंद्र बावळे व प्रा. अतुल पोखरकर यांनी योग प्रशिक्षणाद्वारे उपस्थिताना मार्गदर्शन केले व योग अभ्यासाचे मानवी जीवनासाठी असणारे महत्त्व पटवून दिले. या वेळी महाविद्यालयाचे प्र. प्राचार्य डॉ. जी. डी. हराळे साहेब, राष्ट्रीय सेवा योजना विभागाचे कार्यक्रम अधिकारी प्रा. माळी ए.एस. व डॉ. सोनार बी. ए. तसेच स्वयंसेवक व जिमखाना विभागाचे सर्व सदस्य, विद्यार्थी व विद्यार्थिनी, महाविद्यालयातील सर्व शिक्षक व शिक्षकेत्तर सेवक उपस्थित होते. यामध्ये ३० पुरुष व १८ स्त्री असे एकूण ४८ सहभागी उपस्थित होते. प्रा. डॉ. संजय मेत्री यांनी उपस्थितांचे आभार मानले व कार्यक्रमाची सांगता झाली.



*[Signature]*  
**NSS Programme Officer**  
**A.M.A. & N. C. S. College, Rajapur.**  
**(V. Gothane) Dist. Ratnagiri**



*[Signature]*  
**प्रभारी प्राचार्य**  
**आबासाहेब मराठे आर्टस अँड**  
**न्यू कॉमर्स सायन्स कॉलेज राजापूर**  
**( विखारे गोठणे ) जि. रत्नागिरी.**



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**National Service Scheme & Department and Public Works Department,  
Rajapur and Rural Hospital Lanja.**

**Jointly organized  
AIDS Awareness Speech  
Years 2022-2023**

**Report**

National Service Scheme & Department and Public Works Department, Rajapur and Rural Hospital Lanja had jointly organized 'A lecture on HIV-AIDS awareness' On 13 December 2022. Mrs. Pradnya Alimkar and Mr. Srinivas Machcha were the chief guests. The Chief Guest informed the students about road safety, social consciousness while living, HIV-AIDS awareness measures. On this occasion Mr. Milind Deshpande, Mr. Akhilesh Sharma, Mr. Gaurav Kumar, Mr. Amarendra Ranjan, Mr. Avinash Patil, Mr. Sachin Sakte were present behalf of Lhasa Company. Engineer of Public Works Department, Mr.S.S.Dudhade, Mr.R.P. Kulkarni was present. On this occasion Red Ribbon Club was inaugurated by Chief Guests. The members from the Rajapur and Rural Hospital Lanja tested blood of total 45 students.

Dr. G. D. Harale, Principal of the our college was president of this programme. The introduction of the programme was done by NSS Programme Officer Dr. R. S. Bawle. The chief guests were introduced and welcomed by NSS Programme Officer Dr. B. A. Sonar, The vote of thanks was given by Prof. G. S. Hake and Anchoring by Prof. A. R. Chavan. College teaching staff, non-teaching staff and students were present in large numbers.

  
NSS Programme Officer

A. M. A. & N. C. S. College, Rajapur  
(V. Gothane) Dist. Ratnagiri

  
Principal

A. M. A. & N. C. S. College  
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Date :06/10/2022

## National Service Scheme

### Awareness about Cyber Technology

#### Report

On 4 October 2022 in our college Hon. Mr. AkashSalunkhe (PSI. Rajapur Police Station) gave a lecture on Cyber Technology. In this lecture, he mentioned that many different types of crimes and frauds are taking place in today's information technology era. He told about how to take care of it. By expressing thoughts about this, instructions were given to be careful and awareness was created among the students.

In presidential speech Principal Dr.GhanshamHarale sir told, today Technology is used in every sector But due to its wrong uses, crime has increased. So the students were addressed to take proper care while using it.

The program was attended by a large number of teachers, non-teaching staff, students for the successful completion of this program was undertaken by Dr. Babu Sonar, coordinator of National Service Scheme .



*Heer*  
Principal  
A.M.A. & N.C.S. College  
Rajapur, (V. Gothane) Dist. Ratnagiri.

*[Signature]*  
*[Signature]*  
NSS Programme Officer  
A.M.A. & N.C.S. College, Rajapur  
(V. Gothane) Dist. Ratnagiri



Rayat Shikshan Sanstha,s

ABASAHEB MARATHE ARTS & NEW COMMERCE, SCIENCE  
COLLEGE, RAJAPUR

National Services Scheme

Attendance

Activity: Awareness of Cyber Security

Date: 06/10/22

Sr. No	Name of Student	Signature
1	Maunmayi Ashok Mandavkar	M.A. Mandavkar
2	Anisha Anil Chaike	A.A. Chaike
3	Vaishali Santosh Gondel	Gondel
4	Dikshita Dinesh Pujare	D.D. Pujare
5	Karishma Keshav Dhargad	Dhargad
6	Disha Vijay Pujari	D.Pujari
7	Apurva Deepak Nalavade	A.D. Nalavade
8	Samita Shamu Tadyar	S.S. Tadyar
9	Kadambari Bhaskar Satope	Satope
10	Tanuja Vikas Karshingkar	Karshingkar
11	Siddhi Vishwanath Karshingkar	Karshingkar
12	Manish Santosh Arkar	Arkar
13	Rushikesh Sanjay Gomete	Gomete
14	Ragini Parshuram Joshi	Joshi
15	Saniya Javed Naik	S.Naik
16	Pranjal Jitendra Bhasale	Bhasale
17	Siddhi Chandrakant Tukareel	Tukareel
18	Yamini Sardeep Bhivande	Bhivande
19	Siddhi Sandosh Mayekar	Mayekar
20	Tanhoi Prabhakar Gurav	Gurav

*Jany*  
I/C Principal  
A.M.A. & N.C.S. College  
Rajapur, Dist. Ratnagiri.



Sr. No	Name of Student	Signature
21	Sakshi Sambhaji Mahale	
22	Aniket Vilas Pitalekar	
23	Saba Mubarak Sangar	
24	Sume Kupai Krishnakant	
25	Diksha Namdev Tulakar	
26	Ahram Mangesh Patkar	
27	Abhishek Baliram Patil	A.B.P
28	Sneha Suresh Chaturkar	
29	Sabrina A. Rasheed Bokar	
30	Samiksha Sanjay Pawar	
31	Tejal Ramesh Mirgule	
32	Rashmi Paavin Wain	
33	Aqsa Samir Mulla	
34	Chaiteli Vinayak Chauhan	
35	Aakash Anurag Wani	
36	Yuvraj Ashok Athlekar	
37	Nikhil Balkrushna Kadam	
38	Mayuresh Babash Manjekar	
39	Sujal Ramesh Harekar	
40	Piyush Ashok Chavade	
41	Keushal Keshav Chingor	
42	Vishal Dattaram Raut	
43	Yogita Ekathath Kabele	
44	Dipali Ravali Patil	
45	Nilam Vikas Malavade	
46	Sanika Balkrushna Gurav	S.B. Gurav
47	Sayali Sudhir Garate	
48	Swarajesh Prashant Dudum	

I/C Principal  
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Dated 10/10/2022

**National Service Scheme**  
**Distribution of Deworming pills**  
**Report**

In association with National Service Scheme and Government Rural Hospital Jaitapur. on 10 October 2022, deworming tablets were distributed to students under 19 years of age in the colleges by Ms. Madhavi Thakurdesai Madam and Dr. G. D. Harale, Principal of the College, Dr. Babu Sonar, Co-ordinator of National Service Scheme.

In this Program Mrs. Madhavi Thakur Desai Madam informed about intestinal worms and worms caused by impure, contaminated water harm the health of the body with the help of this anthelmintic pill, the worms in the body are destroyed. In this program, pills were distributed to 200 students.

Members of the National Service Scheme provided invaluable assistance in the demolition.

**NSS Programme Officer**  
A.M.A. & N. C. S. College, Rajapur  
(V. Gothane) Dist. Ratnagiri



**Principal**  
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